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Karen Jacobs

Board Member | Filmmaker, Activist

Karen Folger Jacobs is a licensed marriage, family and child counselor who received her Ph.D in Education from the University of California at Berkeley. She is currently a resident of SAHA's Sacramento Senior Homes. In 1977 and 1978, she was a consultant to the Presidential Commission on Mental Health. Karen has been and continues to be a writer of prolific output. Her work spans a wide range which includes young adult fiction, books on sports and health, and articles published in the New York Times, Essence, Mademoiselle, Image, and the Hollywood Reporter. Karen has also been an active athlete for most of her life. From 1980 to 1988 she was a member of the national underwater hockey team. Currently, Karen leads an active life in the multicultural, socially engaged city of Berkeley.

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